Botox Post Care

Visible bumps may be seen at the injection site. These are normal and may last up to a few hours.

Botox will start to work in 2-7 days and peak in about 2 weeks. Please note, if additional product is needed, it will not be injected until 14 days after your initial injection.

Do not lie down for 4 hours post injection.

Do not massage the treatment area.

Do not do strenuous exercise for 24-48 hours following your injection or any other activity (hot, tub, or sauna that may

elevate your core body temperature or blood pressure.

Do not get a massage the day of your treatment, no hats/headbands. Don't get any other facial treatments for next week.

You may cleanse your face normally this evening but please do not massage the injected area. If you routinely use Clarisonic brush, do not use tonight. Also, do not use any abrasive scrub or defoliants. Basically, baby the area for 2 days.

Bruising may be seen. This happens in a small percentage of treatments but will not affect your treatment results. There also may be some discomfort associated with it. Bruising should resolved in 1-2 weeks. The use of Arnica Montana may help with bruising. It is available both topically (as a gel) and orally.

Cosmetics, moisturizers, lotions may be used the next day, but do not apply with extreme pressure or do anything that may cause discomfort.

Headaches may be a possible side effect. Ibuprofen (Advil, Motrin) or acetaminophen (Tylenol) may be used as needed and according to dosing recommendations on the package.

Sensitive or blurry vision is possible for 2-3 days post treatment. Wear sunglasses and moisturize eyes with moisturizing eye drops.

Flu-like symptoms are rare, but may last 2-3 days. Fluids, rest and Tylenol/Motrin may be used.

Any symptoms or problems other than those listed above should be reported to CHEEKy Medspa and/or your doctor.