



Patient Education: Opus Mini

Opus Mini is a non-ablative fractional plasma radiofrequency treatment designed to improve fine lines, wrinkles, skin texture, and early signs of skin laxity. Using precise plasma RF energy, the treatment creates controlled micro-injuries in the skin while leaving surrounding tissue intact. This process stimulates collagen and elastin production, helping to firm, smooth, and rejuvenate the treated area with minimal downtime.

Opus Mini is commonly performed on delicate areas such as around the eyes, but may also be used on other areas of the face or body as recommended by your provider.

Before Your Appointment

You are not eligible for this treatment if you are pregnant, have active skin infections, open wounds, or compromised skin in the treatment area, have used Accutane within the past 12 months, or have had recent excessive sun exposure or sunburn. Additionally, it must be at least 2 weeks since your last facial treatment such as Botox, dermal fillers, chemical peels, microneedling, or other laser treatments in the area being treated.

Please stop retinoids, exfoliating acids, and other active skincare products 5–7 days prior to treatment unless otherwise directed. Avoid tanning beds, self-tanners, and prolonged sun exposure for at least 2 weeks prior to your appointment.

Please notify our staff of any changes in your medical history, medications, or skin conditions prior to your appointment.

The Day of Your Appointment

Please make sure the area you want to be treated is clean and free of makeup, skincare products, lotions, or sunscreen. A topical numbing cream may be applied prior to treatment to enhance comfort.

During the procedure, you may feel warmth or a prickling sensation. Most treatments are well tolerated and typically last 15–30 minutes, depending on the area treated.



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Immediately following treatment, redness, swelling, and a warm or tight sensation are expected.

Avoid strenuous activities, excessive heat, saunas, and steam rooms for the first 24 hours. You may apply ice or cold packs for comfort.

After Your Appointment

Following treatment, you may experience redness, swelling, mild sensitivity, and a sandpaper-like texture in the treated area. These effects typically resolve within a few days. Pinpoint scabbing may appear and should not be picked or scrubbed.

Keep the treated area clean and well moisturized. Use only gentle, non-active skincare products until the skin has fully healed.

Avoid retinoids, exfoliants, scrubbing, chemical peels, facials, waxing, and other resurfacing treatments for at least 7–10 days or as directed by your provider.

Avoid direct sunlight or extreme cold weather. Wear a broad-brimmed hat and apply a broad-spectrum mineral sunscreen once approved by your provider. Reapply sunscreen every 2–3 hours when outdoors.

A series of treatments is recommended for optimal results, with sessions typically performed 4 weeks apart. Collagen production will continue to improve over several weeks following each treatment.

For any questions or concerns, please call us at 717-408-6075.