



Patient Education: Cheeky Halo Laser Facial

The Cheeky Halo combination laser facial treatment combines our Opus Plasma laser facial and our Light & Bright laser facial. The Opus Plasma facial uses high-frequency unipolar radiofrequency to target fine lines, wrinkles, loose skin, uneven tone, hyperpigmentation, stretch marks, and scarring. The Light & Bright facial is great for diminishing the signs of aging along with sunspots, freckles, sun damage, spider veins, redness, and rosacea.

Before your appointment

You are not eligible for this treatment if you are pregnant, have epilepsy, have used Accutane in the past 12 months, had recent sun exposure or have compromised skin quality in the area receiving the treatment, or have any implanted electrical devices. Additionally, it must be at least 1 month since your last filler treatment and 2 weeks since your last Botox treatment.

Fitzpatrick Skin types 4-6 may be required to pretreat for two weeks with Lytera 2.0 to reduce potential risk of post-skin resurfacing hyperpigmentation.

Avoid sun exposure or sunless tanners 4 weeks prior to treatment.

Stop retinols, acne treatments, glycolic acid, salicylic acid, benzoyl peroxide, hydroquinone, and exfoliants 1 week prior to treatment.

The day of your appointment

Please make sure the area you want to be treated is clean and free of any skin products.

Cleansing products are available for your convenience, so please arrive 10 minutes early if you need to wash your face before the treatment.

You must notify the technician if you have had any cosmetic tattooing on or near the area to be treated.



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After your appointment

You may have a sunburn sensation following the treatment that is usually gone within a few hours. Skin redness and swelling is normal and may last a few days so anticipate some social down time following your treatment. Brown spots and freckles will appear darker while healing.

For the next 7 days, wash gently (use water only for the first few days), moisturize, and use sunscreen (all found in your SkinMedica Post-procedure System).

After 7 days post- treatment, you can gently exfoliate and may resume wearing wear makeup.

Change your pillowcase often to maintain a clean sleeping surface for your healing skin. Additionally, consider not allowing your pets on your pillows or surfaces where your treated skin comes into contact.

Avoid direct sunlight or extreme cold weather.

Do not do heavy aerobic exercise or do anything to raise your core body temperature or blood pressure for 24 hours. No swimming or using hot tubs/whirlpools until the skin heals.

Use of cool packs may be used as needed for comfort. You may place cold packs on your skin for 20 minutes at a time. Remember: 20 minutes on, 20 minutes off.

Motrin or Advil (ibuprofen) or Tylenol (acetaminophen) may be used as directed on the bottle for any discomfort after the treatment unless otherwise stated by your physician.



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Benadryl 25-50mg, per directions on the bottle, may be used for itching. Benadryl may make you sleepy. Do not drive or operate machinery accordingly.

*Any severe swelling, itching, redness, increased discomfort or discharge from the treated area should be reported to Cheeky Medspa.