



TATTOO REDUCTION Pre & Post Care

*Cannot receive if you are pregnant, have epilepsy, or have used Accutane in the last 12 months.

Pre Treatment

AVOID sun exposure or sunless tanners 2 weeks prior to treatment. You cannot be treated with a tan or sunburn present

Treatment Day

Area being treated needs to be clean and free of lotion.

What to Expect

Immediately following treatment, there may be redness and swelling, typically last 2 hours. You may apply ice. Avoid strenuous activities for the first 24 hours. Some scabbing, light bleeding and itching may occur. Avoid UV exposure 2 weeks following each treatment.

Aftercare

*Area may crust, scab, flake, peel, bleed, or blister depending upon the contents of the original ink and the reaction with the laser. It is important to NOT pick or remove scabs to avoid scarring. *You can apply topical antibiotic ointment to the area (Neosporin) as needed.

*Use of cool packs may be used as needed. 20 minutes on 20 minutes off.

*Avoid direct sunlight or extreme cold weather.

*Do not do heavy aerobic exercise, or do anything to raise your core body temperature or blood pressure for 24 hours.

*Motrin or Advil (ibuprofen), or Tylenol (acetaminophen) may be used as directed on the bottle, for any discomfort after the treatment unless otherwise stated by your physician.

*Benadryl 25-50mg, per directions on bottle, may be used for itching. Benadryl can make you sleepy. Do not drive or operate machinery accordingly.

*Any severe swelling, itching, redness, increased discomfort or discharge from treated area should be reported to the Cheeky Medspa.

Please contact Cheeky Medspa at (907) 252-3198 if you have any questions, concerns, or compliments regarding your treatment.