



SPRAY TAN Pre & Post Care

Day Before Spray Tan

Shave, thoroughly exfoliate, and moisturize the night before.

Treatment Day

*Show up to appointment with hair up and out of the face for spraying.

*Arrive with clean skin, no makeup or moisturizer.

*Cheeky Medspa will provide you with a disposable hair net, underwear/thongs, and feet guards to be worn during spraying if desired, but you may bring your own.

Aftercare

*Wait 4-6 hours after to shower or engaging in any activity that will cause you to perspire.

*After 4-6 hours rinse with lukewarm water until it runs clear, No soap, shampoo, body wash, or face wash.

*You may rinse with soap after 24 hours. Exfoliating will fade spray tan. Moisturizing will extend the life of your spray tan.

*Wait at least 24 hours between sessions.

Please contact Cheeky Medspa at (907) 252-3198 if you have any questions, concerns, or compliments regarding your treatment.