



OPUS PLASMA Pre & Post Care

*If you have any electrical implanted devices, you can NOT receive this treatment.

*Cannot receive this treatment if you been treated with Accutane within the last 12 months. You will need to postpone treatment for 2 weeks after receiving a facial treatment(s) like Botox, chemical peel, dermal fillers, laser treatments, etc

Pre-Treatment

-Hydrate!

-Fitzpatrick Skin types 4-6, may be required to pretreat for two weeks with Lytera 2.0 to reduce potential risk of post-skin resurfacing hyperpigmentation.

-Oral antiviral agents may be helpful 24 hours prior to treatment in prevention of facial herpes if ablative treatments in the past have led to breakouts.

-AVOID sun exposure or sunless tanners 2 weeks prior to treatment.

-Stop retinols 1 week prior to treatment.

Treatment Day

-Hydrate!

-No active cold sores, open sores, or sun burns, within the application area.

-Remove all jewelry and pendants prior to treatment.

-Area being treated needs to be clean and free of lotion. Cleansing products are available for your convenience, please arrive 10 minutes early if you need to wash your face.

What to Expect

When you're sufficiently numb, the handpiece will be placed against your skin and moved across the entire treatment area. AVOID sun exposure, strenuous exercise or any heat for the first 24 hours. After day 7, you may apply make-up and resume normal skin routine. Continue to wear SPF and AVOID sun exposure for two weeks following treatment.

Aftercare

-Redness and sunburn feeling may last a few hours to 2 days.

-Higher level of treatments may leave a pixel pattern on the skin, giving a leathery feeling. This is normal and expected and skin will start to flake on days 3-5.

-Swelling can be present through day 5

Full recovery by day 7

-Downtime may be decreased with subsequent treatments

-Patients with more moisture in their skin may have more redness and sensation, with greater results and fewer treatments. Dry skin= more treatments.

-Immediately after the treatment, apply a wound healing product such as The Post Procedure Complex by SkinMedica.

-For the next 7 days, wash gently (use water only for first few days), moisturize and use sunscreen (all found in your Procedure Kit).

-Discontinue Obagi products, retinoids and AHA/BHA products for 7 days post treatment.

-Day 7 after treatment you can gently exfoliate and you can now wear makeup.

-You may have open wounds; you may have closed wounds. This is normal based on the treatment you received.

-You may experience crusting or drainage from the area treated. This is normal and use procedure kit as directed and keep clean.

-You may need to wash gently with cool water and apply moisturizing creams several times a day. The frequency of washes and cream application will decrease and taper off when re-epithelization is complete (normally 5-6 days).

-Avoid sun exposure for two weeks post-treatment.

Please contact Cheeky Medspa at (907) 252-3198 if you have any questions, concerns, or compliments regarding your treatment.