



## DYE-VL Laser (Light and Bright) Pre & Post Care

- \*Cannot receive this treatment if you been treated with Accutane within the last 12 months.
- \*You will have to postpone treatment 2 weeks after receiving Botox, chemical peel, dermal fillers, or laser treatments.

### Pre-Treatment

- \*AVOID sun exposure or sunless tanners 2 weeks prior to treatment.
- \*Stop retinols, acne treatments, glycolic acid, salicylic acid, benzo peroxide, and hydroquinone 1 week prior to treatment.
- \*AVOID aspirin and Ibuprofen 1 week prior to your treatment
- \*AVOID alcohol for 2 days prior to treatment.
- \*Store ice packs in your freezer for use after your procedure.

### Treatment Day

Area being treated needs to be clean and free of lotion. Cleansing products are available for your convenience, please arrive 10 minutes early if you need to wash your face.

You must notify the technician if you have had any cosmetic tattooing on or near the area to be treated.

- Pre-treatment photos will be taken.
- Gel will be applied to the treatment area.
- Eye shields will be provided during treatment.

### What to Expect

You may have a mild sunburn sensation following the treatment that is usually gone within a few hours. Skin redness and swelling is normal and may last a few days so anticipate some social down time following your treatment. Brown spots and freckles will appear darker while healing. It will take 4-6 weeks to see the full result of your treatment and 2-3 treatments may be required to achieve desired results.

### Aftercare

The sessions are designed to provide no downtime however, occasionally you may find that your cheeks and under eye areas are slightly puffy after treatment. You may use cold compresses (5 minutes on and 10 minutes off) several times an hour to help ease both redness and swelling.

Sleeping with your head elevated for the first night will also help decrease any swelling you may experience.

- Expect your skin to appear pink (resembling mild sunburn) for a few hours after treatment.
- Make-up may be applied to cover redness as needed.
- Your skin may be temperature sensitive for several days after treatment.
- Using a broad-spectrum UVA/UVB SPF 30 or higher is critical when receiving laser treatments and is recommended ongoing for maintenance.
- Blistering and crusting are rare; however, if these do occur, apply a thin layer of over-the-counter antibiotic ointment, such as Neosporin®, can be applied 2-3 times a day for 3 days. Please call us if you experience this uncommon reaction.
- Hyperpigmentation (darkening of the skin color) can occur in some skin types. Please call us if you experience this uncommon reaction.
- Use mild cleansers and moisturizers. Cheeky recommends SkinMedica Post Care Procedure Kit.
- Avoid Aspirin, Ibuprofen, alcohol, heavy exertion and activities which may cause flushing for 2 days
- Avoid harsh topical products such as retinols and glycolic acid products for one week after.
- Avoid direct sunlight on the treated area and use a broad-spectrum UVA/UVB sunscreen of SPF 30 or greater for 2 weeks after your treatment.

***Please contact Cheeky Medspa at (907) 252-3198 if you have any questions, concerns, or compliments regarding your treatment.***