



DIAMOND GLOW Pre & Post Care

*You shouldn't receive this treatment if you have been treated with Accutane or similar products in the last 12 months or have compromised skin quality in the area receiving the treatment.

Pre-Treatment

Discontinue any manual or physical exfoliation 3-5 days prior.

Treatment Day

Come to the appointment with a clean skin in the area receiving the treatment, no lotion. Cleansing products are available for your convenience, please arrive 10 minutes early if you need to wash your face.

What to Expect

You may feel a scratchy, stinging sensation during the treatment and temporary tightness, redness or slight swelling after the treatment this should dissipate within 24 hours. Your skin will be more sensitive for the next few days. This treatment is recommended every 4 weeks, may be performed every 2 weeks depending on your treatment plan.

Aftercare

- Skin may be slightly pink. This is normal. You may also have slight "hickey" areas—these resolve within an hour or two.
- Your skin will be plumped by 70% for three days following the treatment.
- Avoid waxing and mechanical scrubs for 7 days post treatment.
- Do not use retinols or alpha hydroxy acids on your skin for 2 days.
- Your skin may peel or flake, do not pick! This will cause unwanted dark or light spots to form.
- Treatments are recommended 2-4 weeks apart.
- Protect your skin with SPF every day.
- Continue to use your normal cleanser and products with the exception of the products listed above.

Please contact Cheeky Medspa at (907) 252-3198 if you have any questions, concerns, or compliments regarding your treatment.