



## ClearLift Pre & Post Care

- \*Cannot receive this treatment if you been treated with Accutane within the last 12 months.
- \*You will have to postpone treatment 2 weeks after receiving Botox, chemical peel, dermal fillers, or laser treatments.
- \*If you have any important events within the next 10 days and it's your first-time receiving treatment with ClearLift, we recommend postponing it until after the event.

### Pre-Treatment

- \*AVOID sun exposure or sunless tanners 2 weeks prior to treatment.
- \*Stop retinols, acne treatments, glycolic acid, salicylic acid, benzo peroxide, and hydroquinone 1 week prior to treatment.

### Treatment Day

Area being treated needs to be clean and free of lotion. Cleansing products are available for your convenience, please arrive 10 minutes early if you need to wash your face.  
If applicable, shave any hair in the area to be treated

### What to Expect

ClearLift allows you to resume your normal routine immediately, no numbing or gels are used to perform treatment. The laser bursts break up pigmentation and broken capillaries. While results will begin to be noticeable in one month, it typically takes 3-6 months to see optimal results. Recommended to undergo 3-5 treatments can be performed every 2-4 weeks.

### Aftercare

- \*Immediately following the treatment, the skin may appear to be flushed. This is a normal reaction to the ClearLift treatment.
- \*Do apply post-treatment products recommended by your Cheeky provider.
- \*Do shower as usual, using a gentle cleanser on the treatment area.
- \*Do wear a broad-brimmed hat and sunglasses.
- \*Do apply sunscreen with no chemicals, about 7 days after procedure.
- \*Do reapply sunscreen every 2-3 hours in order to have a good protection against UV exposure.
- \*DO NOT undergo or use exfoliants, scrubbing, microdermabrasion, chemical peels, facials, shaving, and waxing for 2 weeks after the procedure.

***Please contact Cheeky Medspa at (907) 252-3198 if you have any questions, concerns, or compliments regarding your treatment.***