



COOLSCULPTING Pre & Post Care

*Cannot receive this treatment if you are pregnant.

*Should not be treated if you suffer from cryoglobulinemia, cold agglutinin disease, or paroxysmal cold hemoglobinuria.

*Tell your provider if you have any medical conditions including recent surgery, pre-existing hernia and any known sensitivities or allergies.

Pre-Treatment

A consultation is required prior to receiving treatment.

Treatment Day

- Wear loose and comfortable clothing to your appointment
- Make sure the skin in the areas to be treated are clean and free from any cuts, wounds, or lesions.
- Remove all jewelry or piercings from the areas to be treated.
- Bring a spare set of clothes as the gel from the pads might transfer to clothes.
- Some treatments will last a few hours—be prepared.

What to Expect

As treatment begins a vacuum pressure draws in fatty tissue into the applicator cup. You may feel sensations of deep pulling, tugging, or pinching, as well as some stinging, tingling, aching, or cramping. It is common for the treated area(s) to get bloated or swollen in the first few weeks after treatment. A temporary dullness in sensation could occur for several weeks.

Aftercare

- You'll start to see changes as soon as 1-3 months post treatment. Final results may take 6 months or more.
- Following the procedure, typical side effects include temporary redness, swelling, blanching, bruising, firmness, tingling, stinging, tenderness, cramping, aching, itching, or skin sensitivity, and sensation of fullness in the back of the throat after submental or submandibular area treatment.

* A Very Rare side effect called Paradoxical hyperplasia (visibly enlarged in the treated area) may develop 2 to 5 months after treatment and requires surgical intervention for correction.

Please contact Cheeky Medspa at (907) 252-3198 if you have any questions, concerns, or compliments regarding your treatment.